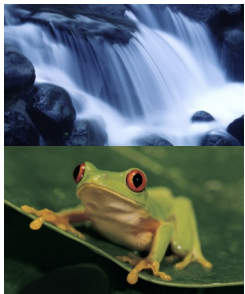


# PROPER RX DRUG DISPOSAL

**NEVER FLUSH**  
your old medications!



A 1999 study found that **80% of streams** in the US were contaminated with **pharmaceuticals**.

Scientists have found **frogs and fish** with physical and reproductive **abnormalities** due to pharmaceuticals in the water.

**YOU can help solve the problem!**

**Operation: Take-Back Medication**  
collects old and unneeded  
prescriptions and over-the-counter  
drugs and disposes of them safely.

**Look for a collection in your area.**

For questions about prescription drug safety, abuse, misuse or disposal, please contact the Winnebago County Health Department at 920-232-3000 or email [health@co.winnebago.wi.us](mailto:health@co.winnebago.wi.us) or [rethink@co.winnebago.wi.us](mailto:rethink@co.winnebago.wi.us).

# PRESCRIPTION DRUG SAFETY INFORMATION



what everyone needs to know



**PublicHealth**  
Prevent. Promote. Protect.  
**Winnebago County**  
Health Department

**re:THINK**  
Your Life. Your Choice.

# PRESCRIPTION DRUG SAFETY



Develop a relationship with your pharmacist.

- Ask questions.
- Know what medications you are taking and why.

Be attentive at the pharmacy counter.

- Use a quiet voice when talking about your medications.
- Avoid showing your prescription/medication to others.

Use caution when leaving the pharmacy.

- Be mindful of people around you, near your car, etc.
- Contact Pharmacy staff if you see anything suspicious.

Phone-in your prescription or use mail-order services.

# SECURE YOUR PRESCRIPTION

Prescription Drugs are the primary target in

home invasions and thefts.

Use these tips to keep your prescriptions secure.

- Safeguard all drugs at home.
- Do NOT leave drugs on countertops or out in the open.
- Keep pill bottle caps on tightly.
- Store drugs in a private area such as a bedroom or other secure place.
- Know how many pills you have.
- Properly dispose of old or unneeded medicines.
- Be aware of anyone who enters your home.

# PRESCRIPTION DRUG ABUSE



Abuse is Increasing

- There is an increasing number of people being prescribed medications today.

- Because of this increase, there are more pills accessible in more medicine cabinets.

- More accessibility places people at higher risk for misuse, abuse and addiction.

Prescription Drug Abuse is Deadly

- Taking prescription drugs that were not prescribed to you or in a non-prescribed way is DRUG ABUSE.

- Prescription drug abuse can cause death, addiction, disability or disruptions in normal brain cell development.

Its Totally Preventable

- Visit [www.drugfree.org](http://www.drugfree.org) or [www.drugabuse.gov](http://www.drugabuse.gov) for more info.

# Most Commonly Abused Medications



BRAND NAME	GENERIC NAME
OxyContin	Oxycodone
Percocet	Hydrocodone
Vicadin	Codeine
Tylenol w/ codeine	Methyphenidate
Ritalin	Alprazolam
Xanax	Amphetamine
Adderall	Clonazepam
Klonopin	Fentanyl
Actiq/Duragesic	Dextromethorphan
Cough and Cold medicine	