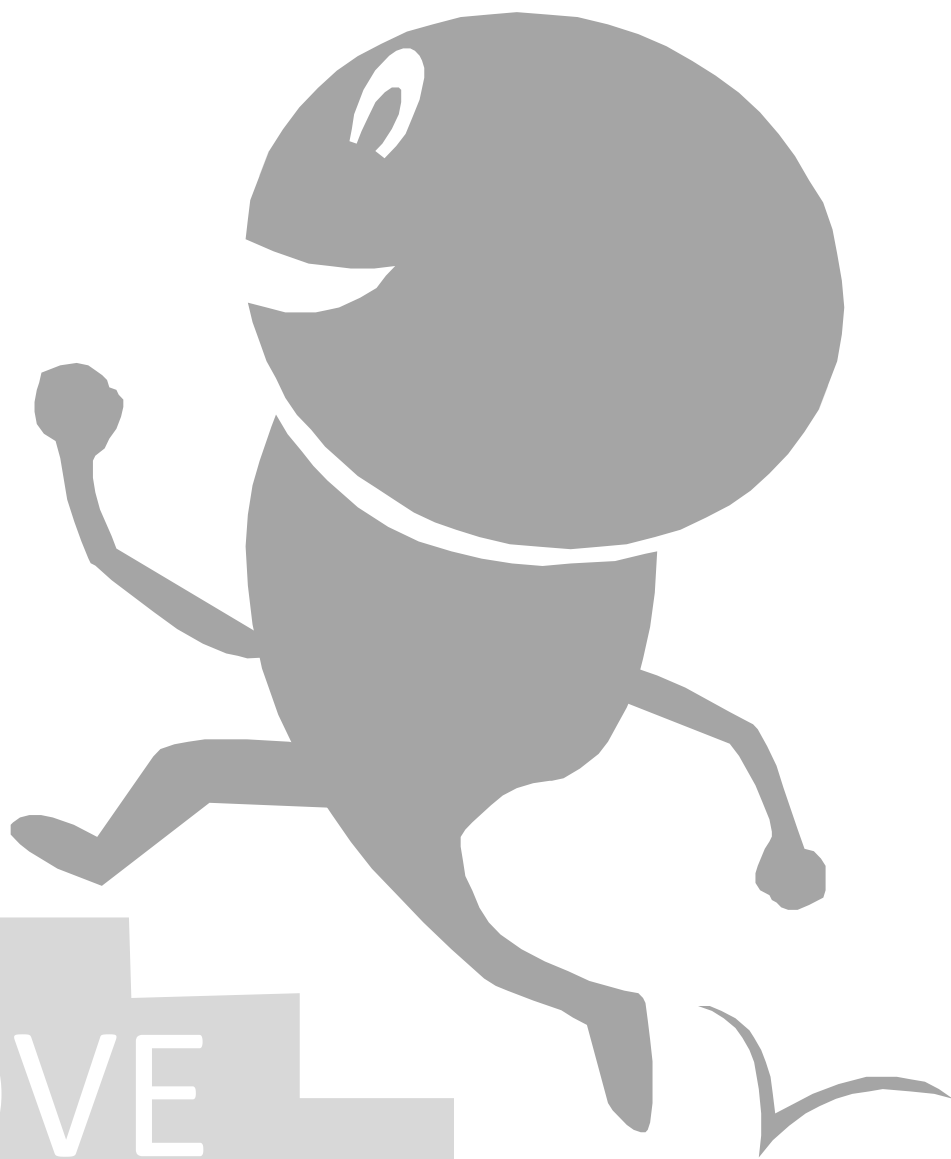


PHYSICAL ACTIVITY

will add years to your life
and life to your years



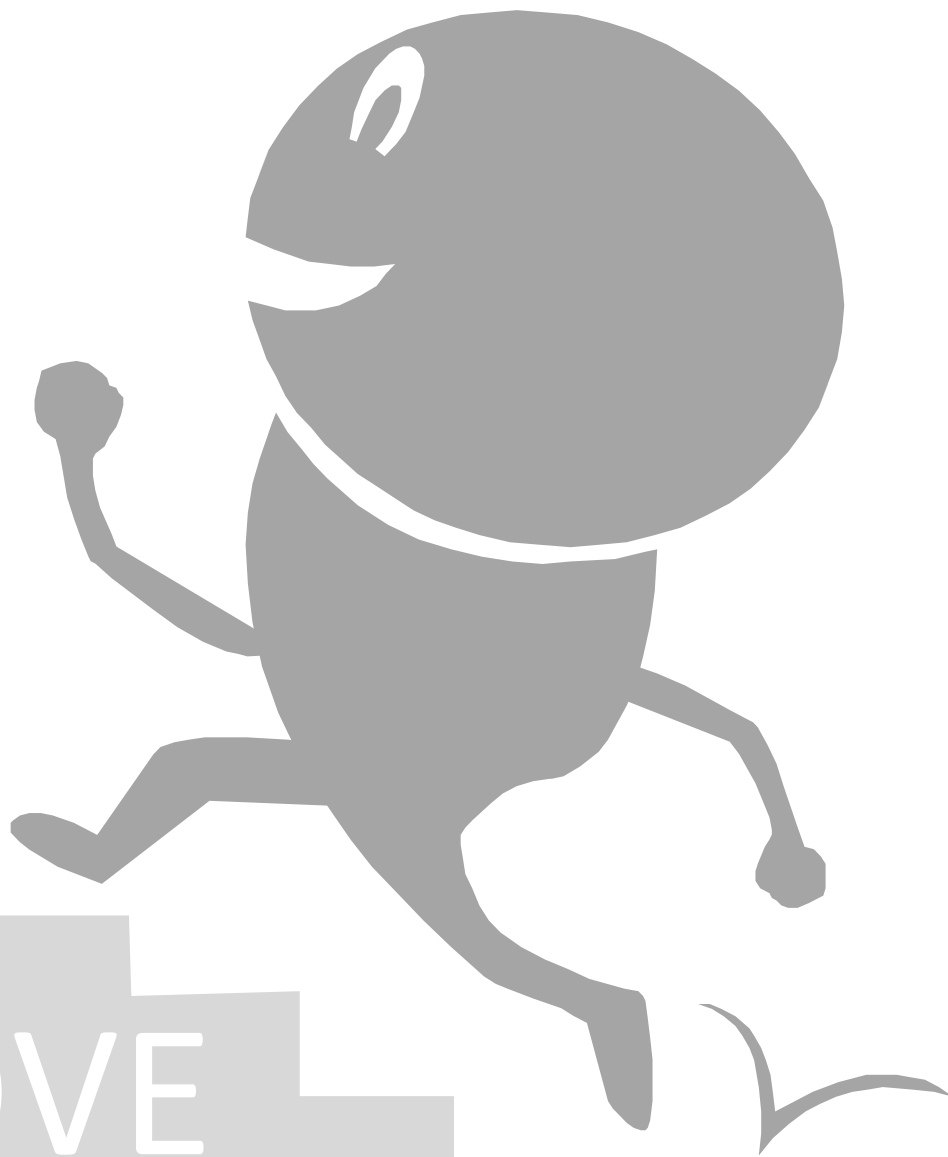
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**HAVE YOU HAD
any activity today?**



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